

## **Recipe Details**

Recipe Name - Amazing 6-Layer Dip

Recipe Steps -

## Ingredients

- 1 can chickpeas, drained and rinsed
- 2 tsp garlic powder divided
- 1 heaping tsp garlic paste or minced garlic
- 1 lemon, juiced
- 2 tsp veggie broth
- 1 cucumber, diced
- 3 medium tomatoes, diced (or 1-pint cherry tomatoes, diced)

## Instructions

- 1. In a high-speed blender, add rinsed chickpeas, 1 tsp garlic powder, garlic paste (or minced garlic), juice of 1 lemon, and veggie broth
- 2. Blend until smooth and creamy (This is the Hummus)
- 3. In a bowl, place half the Hummus in the bottom, next place half the cucumber on top of the Hummus, and then half the tomatoes on top of the cucumber
- 4. Next, sprinkle with garlic powder
- 5. Repeat steps 3 and 4 for the second layer. Continue to do this until you have 6 layers of amazing Dip
- 6. Enjoy with freshly made tortilla chips, pita, or fresh veggies of your choice



