

## **Recipe Details**

Recipe Name - Angel's Oats

Recipe Steps -

## Ingredients

- Oats (about 3/4 cup)
- 3 cups water
- Frozen mangos (you can use whatever fruit you'd like)
- 2 tsp maple syrup (or date paste)

## Instructions

- 1. Place ingredients into a small pot except for maple syrup
- 2. Cook on medium heat for about 4 minutes (until it's the consistency and temperature you desire)
- 3. Take off the stove and add maple syrup
- 4. Enjoy!

