



Recipe Details

Recipe Name - PLT Sandwich (Potato, lettuce, & tomato)

Recipe Steps -

Ingredients

- Baked potato of your choice, sliced into “bread” pieces
- Lettuce of choice, washed and kept in large pieces
- Tomatoes, sliced
- Bacon flavor mixture

Bacon flavor mixture Ingredients

- 3 Tbsp low sodium tamari
- 2 Tbsp nutritional yeast
- 1 Tbsp date syrup
- 1 1/2 tsp white miso
- 1 tsp garlic powder
- 1 tsp onion powder
- 1/2 tsp paprika
- 1/2 tsp spicy brown mustard

Instructions

- 1) Bake potatoes of your choice, cool, and slice to the thickness of your favorite bread
- 2) Mix Bacon flavor ingredients together
- 3) Brush one side of your sliced potatoes with the bacon flavor mixture
- 4) Place in an air fryer or 450-degree oven, for 5 to 8 minutes, depending on how crisp you like it
- 5) Prepare Lettuce and tomato slices
- 6) Pile Lettuce and tomatoes on top of your crispy potato slices
- 7) Enjoy

