



Recipe Details

Recipe Name - Raw Vegan Nut Meat

Recipe Steps -

Ingredients

- 1 cup of raw sunflower seeds or - 1/2 cup of raw sunflower seeds 1/2 cup of raw walnuts
- ¼ cup of sundried tomatoes
- 1 teaspoon apple cider vinegar
- 1 teaspoon tamari
- ½ teaspoon chili powder
- ½ teaspoon onion powder
- ½ teaspoon garlic powder
- 1/4 teaspoon sea salt, or a splash of tamari
- 1/4 teaspoon black pepper
- 1/8 teaspoon cayenne pepper
- 1/4 teaspoon paprika

(Note: you can use 1 cup of sunflower seeds or 1 cup of walnuts, you do not need to mix them, do what you enjoy the most)

Instructions

1. Place all ingredients into a food processor and pulse until desired consistency. Enjoy!

