Recipe Details

Recipe Name - Tropical Salad

Recipe Steps -

Ingredients

- Lettuce
- Mango
- Pineapple
- Onion
- Chickpeas
- Tropical Dressing – 1/2 cup frozen pineapple blended w/ 2Tbsp of vinegar of choice (I use white peach)

Instructions

1. Place the lettuce of choice in a large bowl
2. Place fresh-cut mango and pineapple on top with the desired amount of chickpea
3. Drizzle tropical dressing on top
4. Enjoy!