Recipe Details

Recipe Name - Cheesy Grits

Recipe Steps -

Ingredients

- 1 cup organic grits
- 3 1/2 cups water
- 1 tsp low sodium Vegetable Better than Bullion
- Nut-free Cheddar Cheese *See Nut-free Cheddar Cheese Recipe

Instructions

1. Place all ingredients in an instant pot
2. Cook on high pressure for 5 minutes. Quick release
3. Place 2 Tbsp of nut-free Cheddar Cheese in the grits; incorporate well
4. Spoon into a dish and enjoy!