

Recipe Details

Recipe Name - Lobster Salad

Recipe Steps -

Ingredients

- 2 (14 oz) cans hearts of palm, drained OR 1 (25 oz) jar, drained
- 1/4 cup hummus
- 1 tsp Old Bay seasoning
- 1/2 lemon, juiced
- 1/4 cup celery, diced
- 3 Tbsp green onions, diced
- 1 tsp kelp seasoning
- Black pepper to taste

Instructions

- 1. Cut hearts of palm into "lobster" chunks. Mix in all remaining ingredients except paprika
- 2. Place "lobster" salad on brown rice and quinoa crispy waffle bread, the bread of your choice, or a bed of lettuce, or enjoy it simply the way it is
- 3. Sprinkle with paprika; enjoy!



